

# AstroCamp Virginia Basic Menu

\*\*AstroCamp Virginia's menu is subject to change. Please contact Astrocamp Virginia to received the most current menu.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B r e a k f a s t	<b>STAFF ONLY</b>	Scrambled eggs Sausage Pancakes crispy cubes  Muffin/Danish	Scrambled eggs Sausage waffles Tator Tots  Hot Cocoa Muffin/Danish	Scrambled eggs Sausage French Toast Crispy Cubes  Muffin/Danish	Scrambled eggs Sausage pancakes Tator Tots  Hot Cocoa Muffin/Danish	Scrambled eggs Sausage pancakes Crispy Cubes  Muffin/Danish	Scrambled eggs Sausage Waffles Tator Tots  Hot Cocoa muffin/danish
L u n c h	<b>STAFF ONLY</b>	Corn Dogs French Fries Mac & Cheese Veggie Dogs Soups	<b>FOR 5DAYS ONLY</b> Pizza Chicken Nuggets  <b>Departure Day Lunches</b>	HAMBURGERS French Fries Mixed Veggies Veggie Burger	<b>STAFF ONLY</b>  <b>Departure Day Lunches</b>	Corn Dogs French Fries Mac & Cheese Veggie Dogs Soups	<b>STAFF ONLY</b>  <b>Departure Day Lunches</b>
D i n n e r	3-Cheese Pasta Spaghetti Alfredo Sauce Marinara sauce Green Beans Bread sticks Meatballs <b>Dessert</b>	Fried Chicken BBQ Chicken Corn Rice Pilaf Stir Fry Veggies Biscuits Butter & Jelly <b>Dessert</b>	Taco Meat Cheese Enchiladas Spanish Rice Refried Beans Chicken Taquitos Chips <b>Dessert</b>	BBQ Chicken Fried Chicken Mashed Potatoes Stir Fry Veggies Corn Dinner Rolls Gravy <b>Dessert</b>	3-Cheese Pasta Spaghetti Alfredo Sauce Marinara sauce Green Beans Bread sticks Meatballs <b>Dessert</b>	BBQ Chicken Fried Chicken Rice Pilaf Stir Fry Veggies Corn Biscuits Butter & Jelly <b>Dessert</b>	<b>STAFF ONLY</b>

*The following foods are available at each meal in addition to the hot dishes listed above:*

**Breakfast:** Cold cereals, yogurt, fresh fruit, oatmeal, assorted baked goods

**Lunch/Dinner:** Salad bar

**All Meals:** Milk, juices, water

**Arrival Day:** Bananas and apples available for snacks.